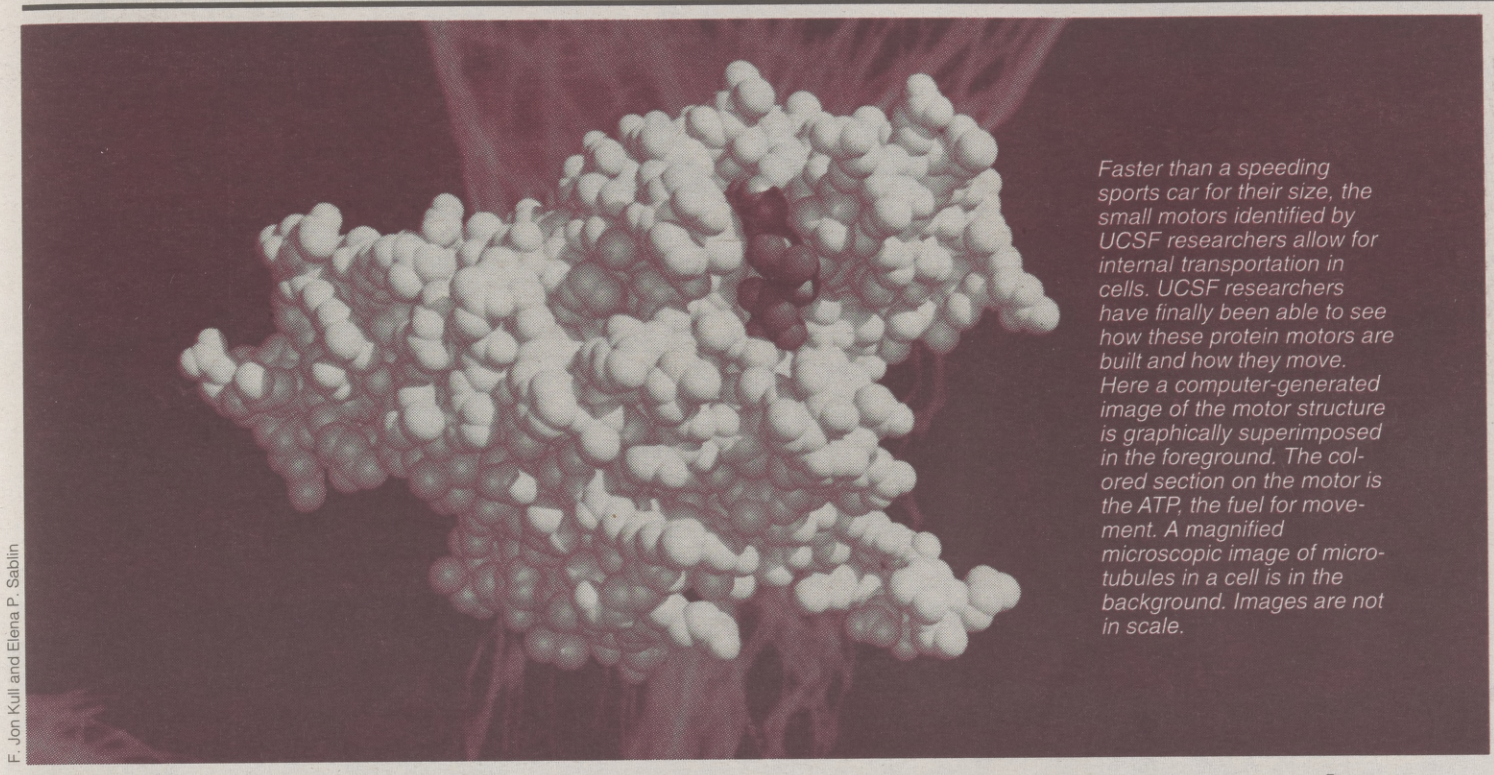
Volume 11, Number 8 April 20 - May 3, 1996

UCSF Newsbreak

Page 8... Special report on negotiations with Stanford



F. Jon Kull and Elena P. Sablin

Faster than a speeding sports car for their size, the small motors identified by UCSF researchers allow for internal transportation in cells. UCSF researchers have finally been able to see how these protein motors are built and how they move. Here a computer-generated image of the motor structure is graphically superimposed in the foreground. The colored section on the motor is the ATP, the fuel for movement. A magnified microscopic image of microtubules in a cell is in the background. Images are not in scale.

UCSF scientists report progress on motor protein research

By JEFF NORRIS

Using the most advanced laboratory techniques, UCSF researchers have finally been able to see how small motors inside cells are built and how they move, a discovery highlighted in the current issue of Nature.

Life depends on these miniscule motors, which are less than one-millionth of an inch in size. Responsible for muscle contraction, the motors are zippy proteins that carry cellular cargo around on microscopic "railroad" tracks which they ride.

"The most tiny motors are not man-made gadgets made via engineering feats in the field of nanotechnology," says Ron Vale, professor of pharmacology and biochemistry and associate investigator with the Howard Hughes Medical Institute. "Instead, they arise within living organisms and are themselves indispensable for life."

While scientists must first know the detailed structure of these motors, the findings point to the potential for scientists to custom-engineer these motor proteins to move microscopic materials, including non-biological materials, or to interfere with them as a way to fight cancer, Vale says. The drug taxol, used to treat breast and ovarian cancer, works by interfering with the intracellular tracks on which the motors move, thereby wreaking havoc on dividing tumor cells.

Vital in reproduction, the motors enable a sperm cell to swim toward an egg. And as a fertilized egg divides, the motors ensure the accurate partitioning of genetic material among daughter cells. The motors continue to fulfill this role among the progeny of every dividing cell during the course of development and throughout the lifetime of a mature organism, explains Vale, who discovered kinesin, a member of the smallest motor protein family, in 1985.

Guided by Vale and Robert Fletterick, professor of biochemistry and biophysics at UCSF, graduate student F. Jon Kull and post-doctoral fellow Elena P. Sablin used a technique called X-ray crystallography to determine the structures of kinesin, which hauls cargo in cells, and of NCD, which helps divide genetic material during cell division.

Vale along with Fletterick, and their colleagues at UCSF, report their major progress in motor protein research in two papers in the April 11 issue of Nature.

The new information is also valuable for understanding how 40-or-so cargo-ferrying proteins in the kinesin family all move within

(See **MOTORS** *on page 3)*

Growth hormone fails to boost strength in elderly

By PATRICIA FORSYTH

People searching for eternal youth should not turn to human growth hormone supplements, say researchers at the San Francisco VA Medical Center and UCSF who found that the hormone had no significant effect on strength or physical and mental functioning in elderly volunteers.

Growth hormone has drawn tremendous interest from older people hoping to recapture their youth, says study leader Maxine Papadakis, VAMC staff physician and UCSF professor of clinical medicine. "But based on our study, we can't recommend use of growth hormone," she says. "This is not the 'fountain of youth."

What's more is that the side effects of long-term treatments of growth hormone supplements — which cost about $12,000 a year — are unknown, Papadakis emphasizes. "What I would recommend is exercise. Older people can dramatically improve their strength through an exercise program." Studies elsewhere have shown increases in muscle strength ranging from 24 percent to 97 percent in elderly people who began to exercise, she says.

A preliminary study elsewhere had sparked interest in growth hormone when researchers reported an increase in percentage of lean muscle mass and a decrease in fat in 12

(See **GROWTH** *on page 3)*

UCSF names McCormick to head CRI

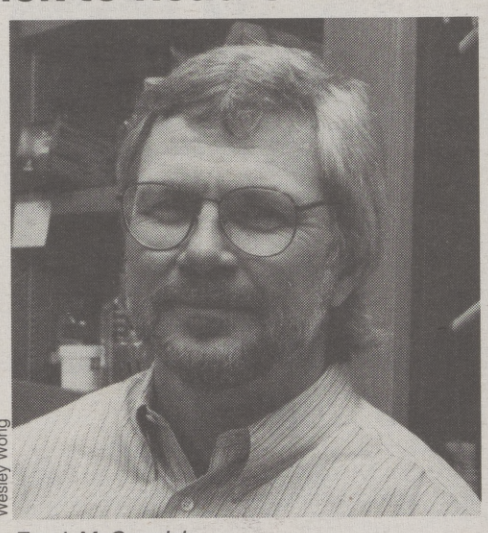
Frank McCormick, founder of ONYX Pharmaceuticals Inc., has been named to head the Cancer Research Institute (CRI) at UCSF, effective Jan. 1, 1997.

"His expertise will be invaluable as we refocus our efforts on achieving basic research discoveries that can be applied in ways that will have a genuine impact in the fight against cancer," says Haile Debas, dean of the UCSF School of Medicine.

The mission of the CRI, within the larger UCSF Cancer Center, is to develop research programs in cancer biology and genetics, as well as in molecular therapeutics, which is the development of therapies based on new knowledge of the structures and functions of molecules that contribute to disease processes or to healing.

"I am grateful for the opportunity to help implement the programs of the UCSF Cancer

(See **McCORMICK** *on page 2)*



Wesley Wong

Frank McCormick

UC sets new e-mail policy, needs input

By LISA CISNEROS

Words of warning to University e-mail users: your electronic messages may not be for your eyes only.

All electronic mail created or stored on University equipment can be considered a public record and therefore, can be subject to disclosure under law. In fact, even your e-mail address is the property of the University of California, according to the UC e-mail policy now available for campus review. The draft explains the appropriate use of e-mail and discusses disclosure and privacy, security, confidentiality, archiving and retention issues.

The purpose of the policy is to inform the University community about federal and state laws and UC policies that apply to e-mail and to assure that users comply with those laws and policies and understand how concepts of privacy and security apply. To give the UC community at large an opportunity to review the policy, a draft is posted on the World Wide Web at http://www.ucop.edu/ucophome/policies/email.

The Email Policy Task Force has recast initial guidelines into a policy that incorporates many suggestions received from UC employees so far. M. Stuart Lynn, associate vice president of Information Resources & Communication at the UC Office of the President, is asking for more feedback on the draft by Wednesday, May 22. Comments received through the Web will be forwarded to the campus in which it originated since each campus is responsible for developing, maintaining and communicating the procedures and practices needed to implement the policy.

UC faculty, staff and students are encouraged to use the same personal and professional courtesies and considerations in e-mail

(See **E-MAIL** *on page 6)*

Cost accounting standards aim for consistency

By ANDY EVANGELISTA

New federal rules on how universities account for direct and indirect costs of federally funded grants and contracts are requiring faculty and budget managers to go to class.

The standards, which go into effect at UCSF on July 1, stem from a Congressional crackdown several years ago on how universities spend indirect costs — the overhead moneys the federal government awards with each grant. The new standards are aimed at consistency in estimating, accumulating and reporting federal fund costs at academic research institutions, says Robert Obana, UCSF director of Budget and Financial Analysis.

Over the past several months, campus budget officials, outside consultants and representatives of several UCSF departments have been analyzing current cost accounting practices. They have developed a training guide to assist departments to implement uniform procedures and make sure they comply with the new federal rules.

The new regulations incorporate some of the standards that apply to commercial organizations performing federally sponsored projects into "OMB-Circular A-21," which sets the rules for determining allowable costs for educational institutions.

Many in research institutions around the country, including at UCSF, have complained unsuccessfully that the new rules are unnecessary, cumbersome, and even costly. UCSF, along with other institutions, are required to disclose by June 30 how their accounting practices comply with the new mandates in order to continue to receive federal money.

The rules attempt to draw clear lines between direct and indirect costs and how institutions account for that spending. Administrative and clerical support, supplies, local phone bills, and postage, for example, that are not linked directly to a funded research project, must now fall under the indirect cost category. In the past, some of these expenses were funded directly by the federal research grant or contract.

Campus Guidelines — "Charging Practices for Federally Funded Grants and Contracts" — is available in the accounting office and

(See **A-21** *on page 3)*

Research support staff vote to unionize

The vote to unionize by UC's research support professionals has been certified by the state Public Employment Relations Board (PERB); meaning these employees now will be exclusively represented by University Professional and Technical Employees (UPTE) Local 9119 in contract negotiations with UC.

The employees, mostly staff research associates (SRAs), voted 61 percent to 39 percent to be represented by UPTE.

About 61 percent of the 3,660 employees systemwide voted for union representation in the election, administered by PERB, says Sharon Hayden, a UC labor relations spokesperson who managed the election. Of the 2,238 valid votes cast, 1,359 voted for UPTE and 879 voted for no representation. Fifty ballots were challenged, meaning the union or the University could not agree that the voters were eligible to vote.

"UC has successfully bargained with librarians, lecturers, nurses and other professional groups in the past and I feel confident that we can bargain in good faith with this group," Hayden says.

The systemwide group of research professionals, many who have PhDs, design and conduct medical, agricultural and scientific experiments at the University. These employees also include spectroscopists, marine technicians, museum scientists and those who work on cutting-edge projects like the Human Genome Project at Lawrence Berkeley National Laboratory, as well as in film and TV archives.

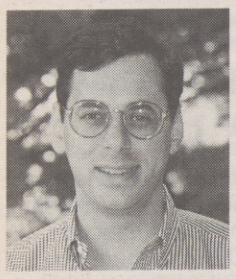
The research professionals will join UC's 4,000

(See **UNION** *on page 3)*

Gladstone Institute names Goldsmith asst. investigator

Mark A. Goldsmith has been named an assistant investigator in the UCSF-affiliated Gladstone Institute of Virology and Immunology at San Francisco General Hospital.

Prior to his appointment as an assistant investigator, Goldsmith served as the assistant director. He also is a UCSF assistant professor of medicine.



Goldsmith

Goldsmith directs a laboratory at the Institute which studies how growth factors (hormones) in the immune system regulate the disease-fighting immune system cells called lymphocytes. His lab also is involved in research on how certain viruses, including the human immmunodeficiency virus, disrupt the normal functioning of lymphocytes.

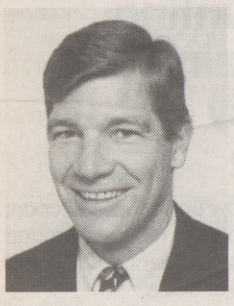
Goldsmith graduated summa cum laude and received his bachelor's degree from Princeton University. He earned his medical and doctoral degrees from UCSF.

Directed by Warner Greene, UCSF professor of medicine, microbiology and immunology, The Gladstone Institute of Virology and Immunology is supported by an endowment from the J. David Gladstone Institutes, named for a prominent real estate developer whose will created a testamentary trust that reflects his long personal interest in medical research. The J. David Gladstone Institutes also support the Gladstone Institute of Cardiovascular Disease at SFGH.

Honors & Awards

Neal Benowitz, medicine and chief, division of clinical pharmacology at SFGH: Elected 1996 president of the American Society for Clinical Pharmacology and Therapeutics.

Joan Hilton, biostatistics: 1996 President-elect of the Western North American Region of the International Biometric Society.



Mulvihill

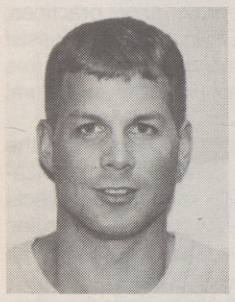
Sean J. Mulvihill, general surgery: Selected as a 1996 James IV Traveling Fellow from the US. Mulvihill will travel to Toronto, London, Hong Kong, Sydney and other locations during this fellowship.

Victor I. Reus, psychiatry & LPPI: Elected Secretary, Northern California Psychiatric Society; listed in "Best Doctors in America" and "Who's Who in the West."

Demetrios Papahadjopoulos, Cellular & Molecular Pharmacology: Honored in The Journal of Liposome Research, November 1995.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.



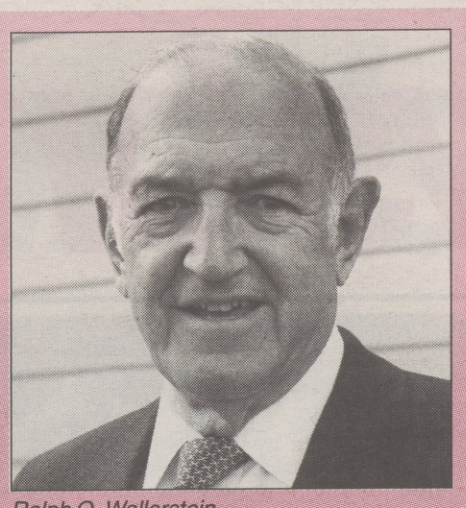
Hammer

Gary Hammer, physiology & endocrinology: Received five-year, $414,000 clinical investigator award from the NIH's Institute of Diabetes and Digestive and Kidney Diseases. The purpose of his study is to screen DNA and RNA samples from pre-existing peripheral blood and/or pathologic adrenal tissue from patients with syndromes for mutations in the orphan nuclear receptor Steroidogenic factor gene.

In Memoriam

Nancy A. Nickel, 61: A UCSF employee who worked in the marketing department22. A native of Portland, Oregon, Nickel was a member of the Art Deco Society of California and Alpha Phi Sorority. She was the wife of Michael Nickel of San Anselmo and mother to Ariel Glenn of New York.

J. Brooks Crawford



Ralph O. Wallerstein

Baer award goes to Crawford, Wallerstein

J. Brooks Crawford and Ralph O. Wallerstein will share the honors of the Dr. Charlotte C. Baer Memorial Award at the annual dinner of the Association of Clinical Faculty on Monday, May 6.

Both will receive certificates at an awards ceremony at the Westin St. Francis Hotel on San Francisco's Union Square.

With an international reputation as an ophthalmic pathologist, Crawford is a clinical professor who has consistently received high marks from students, housestaff and colleagues in ophthalmology. Although he is in full-time private practice, Crawford spends a significant amount of time each week in charge of the ocular pathology laboratory where he teaches residents and contributes to the Grand Rounds program.

Crawford was a member of the Board of Directors of the American Board of Ophthalmology from 1986 through 1994. He has served as chair of the American Board and has also been president of numerous important ophthalmic organizations as well as a member of many others.

A native San Franciscan, Crawford received an engineering degree from Yale University in 1955 and his MD from the UCSF School of Medicine in 1960.

A graduate of Lowell High School, UC Berkeley and the UCSF School of Medicine, Wallerstein did his internship and residency at UCSF and then his hematology fellowship in Boston. He returned to San Francisco to become Chief of Clinical Hematology at SFGH, where he has taught thousands of medical students, interns, residents and fellows.

Since leaving SFGH, he has continued to teach both at UCSF and in the hospital, where he maintains his private practice. President of the Alumni Faculty Association last year, Wallerstein has also served on a number of campus committees including those for admissions and appointments.

Wallerstein was a member of the most influential organizations of medicine and rose through the ranks to be president of each: American Society of Hematology, American Board of Internal Medicine, and the American College of Physicians.

A native of Germany, Baer received a medical degree in Frankfurt and another one from UCSF so she could practice medicine in California. She became a well-respected clinical instructor of medicine at UCSF while she maintained her practice in internal medicine.

Lisa Cisneros

School of Dentistry honors Damsky

Caroline H. Damsky, center, was honored April 3 as the School of Dentistry's Faculty Research Lecturer. A professor in the departments of Stomatology and Anatomy, Damsky spoke on the molecular basis and regulation of cell interactions with other cells and with extracellular matrix. Those attending the lecture included, left, Rajendra Bhatnagar, chair of the School of Dentistry's research committee, and Dean Charles Bertolami.

McCormick *(from page 1)*

Center through my new role with the CRI," McCormick says. "It will be a pleasure to collaborate in this endeavor with basic scientists of unsurpassed skill."

McCormick already is participating in planning for CRI laboratories and offices at UCSF/Mount Zion and the recruitment of new scientists to join the CRI. He will hold the David A. Wood Chair of Tumor Biology and Cancer Research. In addition, he will serve as an associate director and as a member of the executive committee of the UCSF Cancer Center, which receives about $23 million each year from the National Cancer Institute to conduct cancer research. He also will have fundraising responsibilities.

McCormick's own research has centered on the molecular basis of cancer, with an emphasis on the *ras* family of cancer genes. In 1992 he founded ONYX Pharmaceuticals Inc. of Richmond, Calif., a biotechnology company that aims to discover and develop new cancer therapies. McCormick will continue to serve as the chief scientific officer of ONYX until Jan. 1, 1997 and will serve as an exclusive consultant to ONYX thereafter.

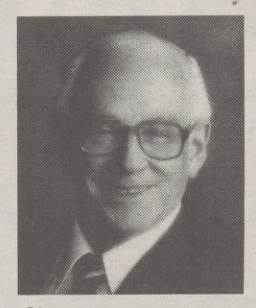
McCormick earned his doctorate in biochemistry from Cambridge University in England and completed postdoctoral studies at the State University of New York at Stony Brook and at the Imperial Cancer Research Fund in London. He is a fellow of the Royal Society of Great Britain.

Clements receives Harvard prize

John A. Clements, a UCSF pediatric biologist whose discovery of a substance in human lungs has cut the death rate of a common infant disease in half, has received the eighth annual Warren Alpert Foundation Prize of $25,000 at Harvard Medical School.

In 1956, Clements discovered lung surfactant, a soapy-like substance that stabilizes the small air sacs and prevents them from collapsing. This discovery led to the first effective lifesaving treatment for respiratory distress syndrome, a common and in the past, fatal problem of premature infants in which the lungs fail to inflate after birth.

Clements was honored at an awards ceremony on April 3 at Harvard Medical School, which administers the prize established in 1987 by Warren Alpert, chair of Warren Equities. Each year a panel of leading scientists gives the award for creative research that has had a dramatic impact on the human condition.



Clements

Clements synthesized the substance in the 1980s and following Food and Drug Administration approval in 1990, synthetic surfactant was credited with reducing the infant mortality rate 6 percent in a single year. Before surfactant therapy became available, premature birth led to respiratory distress syndrome in 50,000 babies a year, killing 5,000 of them. Today, that death rate has been reduced by half.

Clements, whose work in this field began some 40 years ago, also received the 1994 Albert Lasker Clinical Medical Research Award, the most prestigious medical research prize in the US.

Private Support

UCSF is pleased to acknowledge the following listing of gifts/pledges of $25,000 or more from individuals, corporations and foundations received March 1 - 31, 1996. These gifts/pledges have arrived during the final phase of UCSF's Strength to Strength fundraising campaign.

$500,000 - $999,999

Church & Dwight Company, Inc.

$100,000 - $499,999

Abbott Laboratories

Dialysis Clinics, Inc.

$25,000 - $99,999

Anesthesia Research Foundation

Arthritis Foundation

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Microsoft Corporation

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The San Francisco Foundation

Skin Biology, Inc.

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Deadline for the next issue, which will cover May 4-17, 1996, will be on **Tuesday, April 23, at 11 a.m.** Please send campus and Medical Center news to Lisa Cisneros, 476-3256 or lisa_cisneros@quickmail.ucsf.edu, and calendar and gazette items to Michele Firpo, 476-3257 or michele_firpo@quickmail.ucsf.edu, all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer. UCSF fully ascribes to the Americans with Disabilities Act. If you need to view this communication in an alternate format, please contact Lisa Cisneros at 476-3256 with your suggestions.

Editor: Lisa Cisneros

Calendar, Gazette Editor: Michele Firpo

Production/Illustration: Michele Firpo

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Production Assistant: Bill Roarty

Contributing Editors: Andy Evangelista, Patricia Forsyth, Bill Gordon, Gail Gordon, Rebecca Higbee, Corinna Kaarlela, Jeffrey Norris, Emily Pearce, Ruthann Richter, Alice Trinkl

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HCV rates vary with socioeconomic status

By ALICE TRINKL

Despite an overall low rate of hepatitis C (HCV) infection among blood donors in the US, the prevalence of the virus varies significantly when broken down by demographic subgroup, according to Edward L. Murphy, UCSF associate professor of laboratory medicine, medicine, and epidemiology at SFGH.

Murphy is lead author of the nationwide study published in the April 3 issue of the Journal of the American Medical Association.

A debilitating and potentially fatal disease, HCV is the most common cause of hepatitis among people who have received blood transfusions.

In a sample of 862,398 donors from five US blood donation centers, prescreened to exclude those with risk factors for transfusion-transmitted infections, the overall rate for the virus was low, 3.6 per 1,000. But within certain population groups, the rate of infection was considerably higher. Donors with an eighth grade education or less had an infection rate of 11.78 per 1,000 compared to college graduates who had a rate of only 1.65.

Age, sex, and ethnicity were also analyzed as determinants. The prevalence rates were found to be higher for donors between the ages of 30 and 39, and for males (4.46 per 1,000) than females (2.65). A high rate was also found among African-American and Hispanic donors (8.59 and 5.08 respectively), while Asian donors exhibited the lowest rate of prevalence (1.97). The rate for Caucasians is 3.00.

"Socioeconomic status and its association with increased susceptibility to infectious agents could account for a portion of the increased HCV seroprevalence seen in poorly educated, African-American or Hispanic, middle-aged blood donors," the researchers reported.

Because HCV infection has been documented to be present at a rate of 64 percent to 83 percent in injection drug users in the US, and earlier studies have found that injection drug use is higher in men in the 30 to 39 age group, as well as in African Americans and Hispanics, the researchers recommend that future studies examine injection drug use and other blood exposure as risk factors.

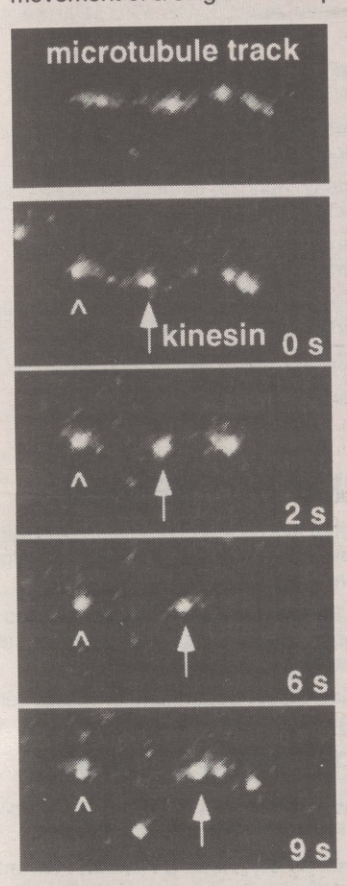
"Blood banks routinely question potential donors about past injection drug use and reject people who have this or other risk factors for blood-borne viruses," Murphy says. "Nevertheless, this pre-donation questioning is not foolproof."

Co-authors are Stephen Bryzman of Highland General Hospital, Oakland; Alan E. Williams of the American Red Cross, Jerome H. Holland Laboratory, Rockville, MD; Harvey Co-Chlen, George B. Schreiber, Lauri Matljas and Ruth A. Thomson of Westat, Inc., Rockville, MD; Helen E. Ownby of American Red Cross Blood Services, Detroit, MI; Ronald O. Glicher of Oklahoma Blood Institute, Oklahoma City; Steven H. Kleinman of the UCLA Blood and Platelet Center and George J. Nemo of the National Heart, Lung, and Blood Institute, Bethesda, MD.

Motors *(from page 1)*

human cells along a special gauge of railroad track, a long-stranded polymer called a microtubule. "These motors evolved early and they are everywhere," Vale says. "They play a role in fruit-fly development and in yeast cell-division."

In a third article appearing in the April 4 issue of Nature, Vale and colleagues from Osaka University in Japan report using a new microscopic technique called "internal reflection fluorescence microscopy" to trace the movement of a single kinesin protein along a microtubule by spotlighting the protein with fluorescent dye. This work shows that kinesin may move in a hand-over-hand manner similar to a person climbing a rope.



The kinesin motors are more than twice as efficient as automobiles, Vale says. They are powered not by gasoline, but by ATP, the energy currency of living cells. For their size, the kinesin motors are about four times faster than a speeding sports car, moving at about 100 lengths-per-second, compared to 25 lengths-per-second for the racer, according to Vale.

The structure of one end of the motor protein specifies the cellular cargo it will attach to and haul. The opposite end serves as the motor, mechanically moving the protein in ways that are still unclear.

Clues to how the protein moves came from the unexpected surprise that the "carburetor," or ATP-burning region of the two kinesin family proteins described in Nature, is highly similar to that of the slightly larger cellular motors involved in muscle contraction, called myosins, the researchers reported.

"One of the oldest questions in biology is how do things move? The molecular answer to that question is still unknown, but the details may unfold in the next few years," says Vale.

Union *(from page 1)*

technical staff who voted for union representation in November 1994, when UPTE formed at the University. UPTE representatives are still negotiating a contract for technical employees with University labor relations personnel.

UCSF has 680 research professionals, most of whom are career employees. The official count of the number of UCSF's research staff who voted in the election was 349.

UPTE representatives are expected to set meeting dates with University labor relations officials to negotiate an employment contract, according to Karen MacCleod, president of technical employees at UCSF. Meanwhile, UPTE will survey members to determine bargaining priorities. UPTE will hold conferences in Northern and Southern California to elect representatives for each campus and to set the bargaining agenda based on survey responses.

A-21 *(from page 1)*

on their UCSF web page (http://www.actg.ucsf.edu). The campus accounting, budget and research affairs offices' holding formal training sessions (see dates below) for faculty and staff in departments affected by the rule changes.

A-21 training sessions

- **Monday, April 29 at Toland Hall**
- **Monday, May 6 at Toland Hall**
- **Friday, May 10 at Toland Hall**
- **Wednesday, May 15 at Carr Auditorium, SFGH**

All meetings on the cost accounting standards for federally funded grants and contracts will be held from 8 a.m. to noon. Please contact the UCSF Accounting Office to reserve a space for one of the training sessions at 502-7128 or send e-mail to: jfuller@acctmail.ucsf.edu.

Changes in how indirect costs are determined and distributed have been a sore point for faculty nationwide, especially those who have depended on those funds to support key administrative functions. For UCSF, the government currently adds 45.5 percent to sponsored research grants and contracts for indirect costs. Of that, UCSF gets back 48 cents for each dollar — based on a complex formula agreed to by the state and the UC Presidents' Office — to support the costs of academic research.

At UCSF, which receives some $200 million a year in federal research support — one of the highest totals in the country — researchers have felt shortchanged by the current formula for distributing indirect cost funds. And with campuses reeling from state budget cuts, departments are feeling strapped financially.

At an April 8 campus meeting to discuss the new standards, Stephen Hulley, chair of epidemiology and biostatistics, welcomed the new standards and their intent to regulate direct and indirect costs. He urged, however, that the University by July 1 come up with an exact method for returning funds to departments that administer and conduct research.

Kathyrn MacDonald

Latino leaders discuss diabetes

Latino community leaders gathered at SFGH April 3 to discuss diabetes, a health threat that afflicts two to three times more Latinos that non-Latinos. The goal is to develop ongoing education about the disease which stresses early detection so that it may be managed with exercise, diet changes and/or medication. At the meeting, pictured, left to right, are left to right Martha Gonzalez, chief of endocrinology and diabetes services at the Ventura County Medical Center; Nelson Artiga-Diaz, director of the UCSF Family Dental Center at SFGH and chair of the American Diabetes Association Latino Outreach Committee; and Amalia Fyles, diabetes nurse educator.

Study finds ill effects of Prop 187

California's Proposition 187, passed by voters in November 1994, appears to have reduced the use of mental health outpatient services by young Latinos in San Francisco County by about 26 percent, UCSF and UC Berkeley researchers found.

"Our data suggests that the passage of Proposition 187 deterred use of less expensive outpatient services by young Latinos in San Francisco County, which seems to have resulted in an increase in the use of more expensive crisis mental health services," said Joshua J. Fenton, UCSF fourth-year medical student at SFGH, the principal author of the study published in the Spring 1996 issue of Health Affairs.

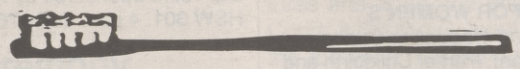
Researchers say the study raises "worrisome questions" about how Prop 187 may have affected the use of health services in other settings despite an immediate legal injunction barring its implementation." They called for larger studies to understand the statewide impact of the initiative and ended their study with the comment that, "Policy makers and the public should consider the potentially harmful and costly effects of legislation that bases eligibility for services on immigration status."

The initiative, which called for making undocumented immigrants ineligible for all state-funded health services except emergency services, among other things, has not been enforced and is in litigation in the state courts. The study was prompted by the thousands of calls health services and clinics received that highlighed the considerable fear among immigrants in California following its passage, Fenton says.

Older couples have similar dental habits

Couples who have been together for a long time tend to have the same kinds of dental habits — for better or worse — says a researcher in the UCSF School of Dentistry.

A person who clearly neglects his/her dental health is 32 times more likely than others to have a partner who does the same, and a person who practices good dental hygiene is 5.4 times more likely to have a similar spouse, according to a study conducted by dentists Jane Weintraub, Lee Hysan Professor in the UCSF Department of Dental Public Health and Hygiene, and Ronald Strauss of the University of North Carolina.



And those "in denial" about their condition are 1.5 times more likely to have a similar partner, and the "worried well" are 3.6 times more likely.

The study has significant implications for treating older patients, Weintraub says. "If we identify one person who doesn't have good behaviors, we should also think about the other partner," she says. "Usually we treat patients in a dental practice on a one-to-one basis and don't take into account that they're part of a family."

The study of 58 couples is part of a larger one that will examine how dental disease runs in families. "Before we do the genetic analyses, we wanted to look at the environmental factors," Weintraub says. The study looked at how often they visited the dentist, whether they'd ever had a professional dental cleaning, whether they brushed twice a day, flossed weekly or used mouthwash. The study showed that even though dental neglect can lead to disease, social and environmental processes, over and beyond genetic processes, shape dental neglect within families. "Either people select spouses with some similar dental behaviors or spouses over time develop similar dental characteristics," says Weintraub.

Growth *(from page 1)*

men over 60 who were given growth hormone injections for six months. But in the UCSF/VAMC study reported in the April 15 issue of the Annals of Internal Medicine, Papadakis and colleagues "took the next logical step to look at functional consequences of giving people growth hormone," she explains. "Function is the bottom line in aging."

"We didn't find any corresponding improvement in functional measurements," Papadakis says, "and there were lots of side effects in volunteers getting growth hormone." The most common side effects were swelling, stiffness, and joint aches.

Half of the 56 men aged 70 and older were treated three times a week with growth hormone injections sufficient to raise their blood levels to a 40-year-old's level, and half received a "placebo" shot that contained no hormone. Growth hormone must be given by injection, Papadakis points out, so study participants were taught how to give their own injections. The study was "blinded" so that neither participants nor investigators knew which men received the hormone.

At the outset of the study and after six months, the researchers measured body composition, including bone mineral density and percentage of lean muscle mass and fat. They also used a number of standard techniques to measure strength, endurance, and how well the volunteers functioned physically and mentally. For example, a machine was used to measure strength of the large muscles of the knee and an exercise bike test measured physiological changes indicating how quickly people tired.

Papadakis' co-authors included Deborah Grady, director of the VAMC Women Veterans Comprehensive Health Center and UCSF associate professor of epidemiology, biostatistics and medicine; Dennis Black, UCSF statistician; Mary Jo Tierney, VAMC research nurse; Gretchen Gooding, VAMC chief of radiology and UCSF professor of radiology; Morris Schambelan, UCSF professor of medicine at SFGH; and Carl Grunfeld, co-director of the VAMC Special Diagnostic and Treatment Unit and UCSF professor of medicine.

Today/Tomorrow

20 Saturday

UCSF FAMILY NIGHT

EMPACT! presents UCSF Family Night at the Bay Area Discovery Museum in Sausalito (East Fort Baker, under the northern tower of the Golden Gate Bridge.) Hands-on activities for children.

Entertainment and face painting. Magic School Bus. Inside the Earth exhibit. Give-aways from Bay Area amusement parks and local vendors. Sponsored by AirTouch Paging and ABM Engineering Services. 6 - 9 p.m. Free. Limit six tickets per person. Call 476-2675 for more information.

21 Sunday

GRAND CELEBRATION GOES DOWNTOWN: Piano recital features UCSF pianists. $3. R. Kassman Pianos, 131 Franklin St. 4 p.m. Followed by reception. Call 476-6761 for more information.

23 Tuesday

NEW EMPLOYEE BENEFITS ORIENTATION: S 214. 8:30 - 10:30 a.m. Call Leonard Florendo at 476-1073 to schedule.

DEPARTMENT OF BIOCHEMISTRY & BIOPHYSICS SEMINAR: *The Evolution of Arthropod Pattern Formation.* Nipam Patel, HHMI, Univ. of Chicago. Sponsored by Herbert W. Boyer Fund. HSW 301. 4 p.m. Call 476-4707.

24 Wednesday

GI GRAND ROUNDS: *Screening for Colorectal Cancer: Which Test is Best?* James Allison, Kaiser Perm, Oakland. S 214. 8 - 9 a.m.

BROWN BAG LECTURE SERIES: *Shining the Light: Lasers & Dentistry.* Current and future uses of lasers in dentistry. John Featherstone, Rest. Dent. & Joel White, Rest. Dent. Sponsored by Public Service Programs. HSW 300. Noon - 1 p.m. Call 476-4394.

GREAT EXPECTATIONS FOR WOMEN'S HEALTH: *Labor Support and Medication During Childbirth* (video presentation). Part of Childbirth and Parenting Film Series. A 326. 7 - 8 p.m. Free. Call 476-MOMS.

25 Thursday

Ms. Foundation for Women

TAKE OUR DAUGHTERS TO WORK®

APRIL 25, 1996

TAKE OUR DAUGHTERS TO WORK DAY: Girls visit various UCSF locations in this national event.

PEDIATRICS GRAND ROUNDS: *Pediatric Migraine, Review and Update on Medical Therapy.* Nancy Bass, Pediatrics, UCSF. Sponsored by School of Medicine. HSW 300. 8 - 9 a.m.

MEDICAL GRAND ROUNDS: *AIDS Dementia Complex.* Richard W. Price, Neurology, SFGH. N 225. Noon - 1 p.m.

MILLBERRY ARTS & PERFORMANCES' COLE HALL CINEMA: *Sense and Sensibility.* Children under 14 $2. UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:30 p.m. (Movies subject to change.) Call 476-2542.

26 Friday

PHARMACEUTICAL CHEMISTRY SEMINARS: *Drug Smuggling: How to Move Molecules Through the Skin.* Richard Guy, Pharm Chem, UCSF. Sponsored by Genentech & Baxter Biotech. S 214. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES: *Healing Stress Through Stimulation — A New Approach to Body Therapy.* Learn about neuro-muscular activation. Jeffrey Low. N 721. Noon - 1 p.m. Call 330-5353.

MILLBERRY ARTS & PERFORMANCES' COLE HALL CINEMA: *Sense and Sensibility.* Children under 14 $2. UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:30 p.m. (Movies subject to change.) Call 476-2542.

27 Saturday

PROGRAM FOR WOMEN: *Developmental Issues for Professional Women.* Speakers to present work on unique experiences of women as they move ahead in workplace. Sponsored by the Dept. of Psychiatry. 8:30 a.m. - 4:30 p.m. Hotel Miyako. 1625 Post St. Call 476-7521.

MARCH OF DIMES WALKAMERICA: Join the UCSF team in the largest walking event in the US to raise money for babies who are born with AIDS, birth defects, or addicted to drugs. Fort Mason to Fort Point. 8:45 a.m. Call 476-4394.

30 Tuesday

DEPARTMENT OF BIOCHEMISTRY & BIOPHYSICS SEMINAR: Chemistry of DNA: Its Recognition & Reaction. Jacqueline Barton, Chem., Cal Tech. Sponsored by Herbert W. Boyer Fund. HSW 301. 4 p.m. Call 476-9994.

1 Wednesday

VIOLENCE & HEALTH: RESPONDING TO AN EMERGENCY CALL. Violence as public health epidemic.Michael Rodriguez, FCM, UCSF & Pacific Ctr. for Violence Prvtn., SFGH. Sponsored by Public Service Programs. HSW 300. Noon. Call 476-4394 for more information.

BROWN BAG LECTURE SERIES: (See Upcoming Events on page 5)

NURSING CAREER & RESEARCH DAY

Panel discussions of traditional and alternative careers; workshops on resume, job search and interviewing skills; research posters; introduction to new career center and Web site; meet with industry reps. Reception. Sponsored by Grad. Studnts. Assn., Grad. Dvsn., Nursing Studnt. Council, UCSF Nurses Al. Assn., Sigma Theta Tau, and various corporations. 10 a.m. - 4 p.m. School of Nursing building (several locations). Call Grad. Studnts. Assn. at 476-2233 for more information.

2 Thursday

CINCO DE MAYO CELEBRATION: *I, Worst of All/ Yo, La Peor de Todas.* Film by Argentine director Maria Luisa Bemberg, based on the book by Octavio Paz about a 17th-century Mexican nun and poet forced by the Catholic Church to renounce her long-acclaimed work. Co-sponsored by the Women's Resource Center and the Latin American Campus Assn. HSW 300. 11:30 a.m. - 1:30 p.m., 5:30 - 7:30 p.m. Free.

MEDICAL INFORMATION SCIENCE SEMINAR SERIES: *Healthcare Informatics Standards — What's New?* Simon Cohn, Clin. Info. Systems Coord., Kaiser Perm. N 217. Noon - 1 p.m.

MILLBERRY ARTS & PERFORMANCES' COLE HALL CINEMA: *Braveheart.* Children under 14 $2. UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:30 & 9 p.m. (Movies subject to change.) Call 476-2542.*

3 Friday

PHARMACEUTICAL CHEMISTRY SEMINAR: *Cellular Enzymology: Life, Death & Thiol/Disulfide Interchange.* Ronald Raines, Biochem, Univ. of Wisconsin. S 214. 11 a.m.

MILLBERRY ARTS & PERFORMANCES' COLE HALL CINEMA: *Braveheart.* Children under 14 $2. UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:30 & 9 p.m. (Movies subject to change.) Call 476-2542.

CONTINUING EDUCATION

MEDICINE

For program information, call 476-4251. To register, call 476-5808 unless otherwise noted.

Practical Dermatology Review Course: Tips on Practical Therapy & Office Techniques. SF. Sat.-Sun., April 20-21.

The General Surgery Postgraduate Course. SF. Thurs.-Sat., April 25-27.

Advances & Controversies in Clinical Pediatrics. SF. Thurs.-Sat., May 16-18.

Current Issues in Anatomic Pathology. SF. Thurs.-Sat., May 23-25.

Family Practice Board Review Course. Hotel Nikko, SF. Mon.-Thurs., July 8-11.

DENTISTRY

For information and registration, call 476-1101.

Pharmacology for the General Dentist: Update on Drugs Used in Dentistry. UCSF. Sat., April 20

HIV Update '96 for Dental Professionals. UCSF. Fri., April 26.

Preparation for the Dental Hygiene Licensure Examination. UCSF. Sat., April 27.

Occlusion: Current Treatment Concepts for the General Practitioner. UCSF. Sat., May 4.

BEAR-LY NEW THRIFT SHOP CLOSES

After nearly 20 years in business, the Bear-ly New Thrift Shop closed its doors March 23.

"On behalf of our volunteers and Board of Directors, we all want to thank the community for their generous donations and patronage, without which we could never have maintained our operation and good will in the community," says E. Jane Rowe, president of the Hospitals Auxiliary of the Medical Center at UCSF.

WOMEN WITH DEPRESSION GET NEW SUPPORT GROUP

The UCSF Department of Psychiatry and the UCSF Psychiatry Care Clinic are offering a 12-week psychoeducational group for women with depression, part of an effort to expand clinical services to women. The group will meet on Thursdays from 7 to 8:30 p.m. beginning May 23 until August 8 in the psychiatry department's new clinic at UCSF/Mount Zion. Cost is $20 per session. For more information, call Ellen Resnick at 476-7815.

VOLUNTEER PROGRAMS

Programs to acquaint prospective volunteers at the Medical Center are offered regularly by Volunteer Services. For orientations at UCSF/Parnassus, please call 476-1196. For orientations at UCSF/ Mount Zion, call 885-7353.

DEVELOPMENT & TRAINING

For more information call 476-4032.

Travel Expense Processing. Wed., April 24. 1-4 p.m. $40.

Critical Thinking Skills. Thurs., April 25, May 2, 9, 16, 23. 8:30 a.m.-noon, except April 25, 8:30 a.m.-4:30 p.m. $200.

Communicating with Confidence — A Workshop for Non-Managers. Wed., May 1 & 8. 9 a.m.-12:30 p.m. $90.

Medical Terminology: An Introduction. Wed, May 1, 8, 15, 22. 2-4:30 p.m. $100.

General Ledger & Accounting. Fri., May 10. 9 a.m.-4:30 p.m. $50.

Contracts and Grants Worksop. Tuesday, June 4. 9 a.m. - 12 Noon. $40.

Supervisor's Guide to Performance Evaluation. Wednesday, June 5. 8:30 a.m. - 4:30 p.m. $40.

INFORMATICS CLASSES

The UCSF Library offers the following free classes held in S 165A (EC) or 222 Library (PC). Call 476-2337 for a complete schedule.

- Monday, April 22, *Medline Plus I: Basics,* 1-3 p.m., (EC)
- Tuesday, April 23, *MELVYL® Databases*, 1-3 p.m., (PC)
- Wednesday, April 24, *Searching on the World Wide Web,* 3-5 p.m., (PC)
- Thursday, April 25, *Intro. to Personal File Management Software*, 6-8 p.m., (EC)
- Monday, April 29, *Introduction to the Internet,* 10 a.m.-Noon, (EC)
- Tuesday, April 30, *Nursing Information Sources,* 1-3 p.m., (PC)
- Wednesday, May 1, *HIV/AIDS Information Resources*, 3-5 p.m. (EC)
- Thursday, May 2, *Medline on the World Wide Web,* 9-11 a.m., (EC)

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Class. Department of Justice certified. Pre-registration required.*

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call 476-5222.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Rape Survivors. Heal from the trauma of sexual assault through open dialogue, sharing the experience and information. Ten consecutive weekly sessions. Intake interview required. Date and time to be arranged. $180.*

AIDS/HIV SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV-positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project, unless otherwise noted. Call 476-6430 for administrative office. Call client services at 476-3902 to schedule required intake interviews for groups (except drop-in group).*

Individual Risk Assessment & Referrals. By appointment.

Facilitated Ongoing Groups. For persons with HIV/AIDS and for caregivers, including a group for women caregivers.

Facilitated Time-Limited Groups. For HIV- gay and bisexual men, for HIV+ asymptomatic persons and for HIV+ heterosexual African-American men.

Monday Night Drop-In Group for HIV+/PWA. Call 476-3902 for location.

Drop-in Support Group for Women Living with HIV/AIDS: Meets every Monday. Free child care and beverages provided. Sponsored by Woman & Children's Specialty Program. A 45. 11 a.m.-1 p.m. Call 476-2417 or 476-7795.*

*Open to the public.

April 20-May 3, 1996

REGULAR MEETINGS & ONGOING SUPPORT GROUPS

SATURDAYS

HEALING GARDEN WORKING DAYS: Second & fourth Sat. of month. UCSF/Mount Zion Cancer Cntr. Healing Garden, 2356 Sutter. Call 885-3693.*

MONDAYS

DROP-IN SUPPORT GROUP FOR WOMEN LIVING WITH HIV/AIDS: Free child care and beverages provided. A 45. 11 a.m.-1 p.m. Call 476-2417 or 476-7795.*

HEALTH PROFESSIONALS IN RECOVERY: For physicians, nurses, dentists, pharmacists, PhDs and others. Anonymous, 12-step emphasis. Meets bi-monthly. Noon. Call 476-8279.

UCSF STAFF COUNCIL MEETING: Second Mon. of month. Noon-2 p.m. Call 476-5756.

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Rm 521, MCB. Noon. Call 626-5633.*

COLORECTAL CANCER SUPPORT GROUP: Second and fourth Mon. of month. Reservations must be made at 885-7585. UCSF/Mount Zion Cancer Cntr., 2356 Sutter. 6:30 p.m.*

MELANOMA SUPPORT GROUP: For patients & family members. Meets monthly on a Monday. Reservations must be made at 885-7585. UCSF/Mount Zion Cancer Cntr., 2356 Sutter. 6:30-8:30 p.m.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAYS

SFGH CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF/SFGH. Meets monthly. Call 476-5222.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

CAMPUS AMNESTY INTERNATIONAL MEETING: First Tues. of the month. MU 111W. Noon-1 p.m. Call 566-8406.*

UCSF GOSPEL CHOIR REHEARSAL: Weekly rehearsals at MCB. Noon. Call 476-6761.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of month. Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

BREAST CANCER SUPPORT GROUP: For women diagnosed or being treated at UCSF/Mount Zion or Parnassus. UCSF/Mount Zion Cancer Cntr., 2356 Sutter. 5:30-7 p.m. Pre-registration necessary. Call 885-3693 or 388-3742.*

NURSES' PAIN ASSOCIATION MEETING. Second Tues. of month. C 254. 5:30-7:30 p.m.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of month. C 130. 7:30-9 p.m. Call 284-0208.*

WEDNESDAYS

GAY, LESBIAN, BISEXUAL ASSOCIATION AT UCSF MEETING: Second Wed. of month. Members of the Chancellor's Committee on Gay, Lesbian & Bisexual Issues attend. Call 282-9650.

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: For those interested in psychiatric disorders & treatments. Call Laura Deering-Mayclin at 476-7394.*

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Second Wed. of month. HSW 508. Noon. Call Lucia DeLeon at 476-2010.

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call 476-7117.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 417. Noon-1 p.m. Call 626-5633.*

TAI CHI CLASSES. UCSF/Mount Zion Cancer Cntr. Healing Garden, 2356 Sutter. Noon. 885-3693.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. 3, 1st fl., MCB. 12:05 p.m. Call 621-1326.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

FRIENDS & FAMILY MEMBERS OF CANCER PATIENTS SUPPORT GROUP: First & third Wed. of month. J 221, UCSF/Mount Zion Cancer Cntr., 2356 Sutter. 4:30-6 p.m. Call 885-3693.*

BREAST CANCER SUPPORT GROUP: J 221, UCSF/Mount Zion Cancer Cntr., 2356 Sutter. 6:30 p.m. Call 885-3693.*

SAN FRANCISCO CITY CHORUS REHEARSAL: 7 p.m. Call 765-SONG for locations and audition information.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. M 688. 7-8:30 p.m. Call 332-3425.*

CO-DEPENDENTS ANONYMOUS MEETING: 12-step program for people who have dysfunctional relationships. LPPI A119. 8-9:30 p.m. Call 432-3529.*

THURSDAYS

AWAKE MEETING: AWAKE (alert, well and keeping energetic) is a support and education group for people with sleep apnea and their families. Third Thurs. of month. Bring CPAP equipment for check-up. Call 885-7886.*

CANCER SUPPORT GROUP — PATIENTS: First & third Thurs. of month. J 221, UCSF/Mount Zion Cancer Cntr., 2356 Sutter. Call 885-3693.*

UCSF GOSPEL CHOIR REHEARSAL: Weekly rehearsals at Parnassus. Noon. Call 476-6761.*

HEAD & NECK CANCER SURGERY SUPPORT GROUPS: Separate groups for patients and patients' families meet simultaneously on the second and fourth Thurs. of each month. J 221, UCSF/Mount Zion Cancer Cntr., 2356 Sutter. 1-2 p.m. Call 885-7623.*

PARNASSUS PLAYERS: UCSF's theater group meets regularly. Call 476-6761 or 476-9012 (day) or 821-5701 (evening).*

ASSOCIATION OF CLINICAL RESEARCH NURSES MEETING: Meets every other month, alternating between UCSF & Stanford. 5:45-7:30 p.m. Call 476-0683.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Thurs. 6-8 p.m. Call 775-2854 to pre-register.*

FRIDAYS

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Second & third Fri. of month. Noon-1 p.m. C 130. Call 502-5666.

WEIGHT WATCHERS MEETING: S 159. Noon-12:45. Call 476-5193.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m. Call 621-1326.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: First Fri. of month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call 986-2305.*

For information on 12-step and support groups call the Bay Area Self-Help Center at 882-6235 or the Mental Health Association of San Francisco at 882-6230.*

THE NEXT DEADLINE

Tuesday, April 19, 1996 is the deadline for items to be listed in the next calendar, which covers **May 4-17, 1996** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. E-mail your copy to Michele Firpo at michele_firpo@quickmail.ucsf.edu, mail it to Box 0462, send a fax to 476-3541,bring it to UCSF/Laurel Heights, 3333 California St., Suite 103or call 476-3257.
To submit articles for Newsbreak/Medsounds, e-mail them to Lisa Cisneros at lisa_cisneros@quickmail.ucsf.edu, fax to 476-3541 or call 476-3256.

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip code) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $65. To make an appointment call 476-2193 between 9 a.m. and 3 p.m.*

Listed below are dates when the van will be at UCSF locations. Call 476-2193 for a full schedule.

- Mon.-Wed, April 22-24: UCSF/Laurel Heights, 3333 California.
- Fri, April 26: Lakeside Senior Center, 2501 Ocean Ave.
- Mon., May 1: UCSF/Daly City, 333 Gellert Blvd.

Upcoming Events

UCSF Orchestra presents spring concert May 5

The UCSF Orchestra, under the direction of Jeremy Swerling, will perform works by Bloch and Saint-Saens in a spring concert slated for 7 p.m. Sunday, May 5, at the Calvary Presbyterian Church, 2525 Fillmore St. Admission is $10. Proceeds benefit the Landberg Center for Health and Ministry, a non-profit, interfaith organization that offers emotional and spiritual support to UCSF students, faculty and staff. Information, call 476-6761.

Celebrating May 5th

In celebration of Cinco de Mayo, the UCSF Women's Resource Center and the Latin American Campus Association present several activities beginning with Mercado Day on Wednesday, May 1. This event, to be held from 11 a.m. to 2 p.m. in Saunders Court, will feature Bira Almeida y Corpo Santo, a Brazilian martial arts form that combines dancing and drumming. Also on May 1, Public Service Programs presents Michael Rodriguez, associate director of research who heads the Pacific Center for Violence Prevention at SFGH, talking about "Violence and Health: Responding to an Emergency Call" at noon in HSW 300.

The film, "I, The Worst of All" ("Yo, La Peor de Todas"), will be shown on Thursday, May 2, in Room N 217, from 11:30 a.m. to 1:30 p.m. or 5:30 to 7:30 p.m. Based on the book, "The Traps of Faith," by Octavio Paz, this film tells the story of a 17th-century Mexican peasant woman who, unable to pursue her desired life as a writer, entered a convent, the only place a woman could read and write. As Sister Juana Ines de la Cruz, she became one of the great poets of the Spanish language.

The filmmaker, Maria Luisa Bemberg, is considered Argentina's most important female filmmaker and one of the most respected Latin American directors active today.

"Gotta Getta Life"

The public is invited to see a free performance of "Gotta Getta Life," a new musical comedy about girl gangs, growth, jealousy and violence based on a series of short plays created by high school students. The musical will be performed on Sunday, May 5, at 2 p.m. in the Hamilton Recreation Center Field, Geary at Steiner. Directed by Keiko Shimosato, the performance is presented by the UCSF/Mount Zion Medical Center Violence Prevention Project, UCSF Arts & Performances and performed by the San Francisco Mime Troupe and the SFSU Theater Department. Information: 885-7605.

Baer awards ceremony

(See page 2 for details.)

Learn to meditate

The Institute of Healing Arts & Sciences presents free, ongoing meditation classes on the first three Tuesdays of May. Classes are held from noon to 1 p.m. in room C 417. Call 563-4459 to register.

ABOG Spring meeting

ABOG's annual spring conference, "Managing from Vision to Reality: the Human Side," is slated for Tuesday, May 7, from 9 a.m. to 4 p.m., at Laurel Heights. Registration fees are $75 for ABOG members and $90 for non-ABOG members. Fee includes breakfast, lunch and beverages. Information: 476-8320.

Hispanic nurses forum

The UCSF School of Nursing and the Department of Nursing at the UCSF Medical Center present the ninth annual Hispanic Nursing Symposium on Friday, May 10, from 9 a.m. to 4:30 p.m. in Room N 225.

With the topic "Latina Health Issues: A Call to Political Action," the forum is designed for practitoners, researchers, students and anyone interested in Hispanic health issues. Keynote speaker is Beatriz Olvera Stotzer, manager of multicultural affairs for the Department of Water & Power in Los Angeles. Stotzer will give a talk entitled, "Our Past Pain is our Present Power if We Allow It."

Admission to the forum and Continuing Education Units is $45 or $35 for faculty and students. Deadline to register by mail is Sunday, May 5. Participants may register at the door. Information: 476-4897.

Healthy aging seminar

The UCSF/Mount Zion Center on Aging is holding a half-day workshop entitled "Healthy Aging: Take Charge!" on Saturday, May 11. This free event will be held in the Conference Center at Laurel Heights; registration is requested by calling 750-5342. (See the next issue of Newsbreak for a complete story.)

Journey to motherhood

Great Expectations for Women's Health co-sponsors a workshop, "Journey into Motherhood: Writing your Way to Self-Discovery," on Saturday, May 11. Author Leslie Kirk Campbell, who wrote a book by the same title, will lead the workshop to be held at the Millberry Union in the Golden Gate Room from 10 a.m. to 5 p.m. Information: 476-6667.

Student art show

The sixth annual student art show is slated for noon to 6 p.m. on Tuesday and Wednesday, May 14 and 15. Artworks by UCSF students will be displayed in the Millberry Conference Center. Reception is May 14. Information: 476-6761.

Asian celebration

Asian Pacific American week kicks off Tuesday, May 14 with a free showing of "Asian Sons," a powerful new film by Academy Award-winning filmmaker Steven Okazaki. A mix of documentary and drama, the film is a provocative examination of how racism shapes the lives of Asian American men. Screenings will be at noon and 5:30 p.m. in Toland Hall. The evening showing will include a reading by Junichi Semitsu, a UC Berkeley student.

On Wednesday, May 15, from noon to 1:30 p.m., in HSW 300, William Tamayo, regional attorney of the US Equal Opportunity Commission, gives a keynote address: "Equal Employment, Affirmative Action and Asian-Americans."

On Thursday, May 16, from 11:30 a.m. to 1:30 p.m., an Asian Pacific Cultural Festival features arts, food and entertainment in Saunders Court. A Filipino Cultural Celebration will be held the following day during the same hours at the same place while an Asian Pacific American Celebration will be held at noon at the Mission Center. Also on May 16, a Minority Bone Marrow Drive will be held in Saunders Court between 10 a.m. and 2 p.m.

Events are co-sponsored by the Asian Pacific American Systemwide Alliance, EMPACT!, United Filipino Employees Association, UCSF Affirmative Action/Equal Opportunities Office, UCSF Public Service Programs, UCSF Women's Resource Center, UCSF Arts & Performances and the Pilipinos of UCSF Student Organization. For more information, call 476-2675.

Spring dance concert

The San Francisco dance troupe celebrates its 25th anniversary season in a free performance at 6 p.m. Thursday, May 16 in the Millberry Fitness Center. Information: 476-6761.

Lung health day

To help the public understand all lung diseases, UCSF will hold a Bay Area Lung Health Day, Saturday, May 18, from 10 a.m. to 4 p.m., at UCSF/Mount Zion. Participants can find out about asthma and cancer as well as see how strong their lungs are at this event. Information: 885-3882.

Friends of LPPI meet

The Friends of Langley Porter's annual meeting and luncheon will be held Monday, May 20, from noon to 2 p.m., at Harris' Restaurant in San Francisco. Owen Wolkowitz, associate professor of psychiatry and director of LPPI's Adult Psychopharmacology Clinic, will give a presentation on "DHEA: The Fountain of Youth?" The luncheon is $40. Information: 476-7033.

Call for wellness lecture abstracts

UC faculty are invited to submit an abstract and application for the 1996 California Wellness Lecture Series.

Application forms may be obtained from Campus Contracts and Grants. Completed application forms and abstracts must be received no later than Wednesday, May 8, 1996. Applicants are encouraged to emphasize personal recommendations or strategies for improving one of the following five priority subject areas: Work and Health, Violence Prevention, Teen Pregnancy and Birth Prevention, Community Health and Population Health Measures and Methods.

Applicants may submit the application and two abstracts, one with the name of the author and one without, to Coordinator, Wellness Lectures, University of California, Office of Health Affairs, 300 Lakeside Drive, 18th floor, Oakland, CA 94612-3550 or call (510) 987-9711.

Each lecturer will receive $3,000 and an additional $1,000 for research assistance and editing expenses. Award announcements will be made in June. Once chosen, faculty must submit their original paper with all graphics, suitable for publication and in final form, no later than 5 p.m. Wednesday, Sept. 4, 1996.

Health program for performing artists posts new number

The Health Program for Performing Artists can now be reached at 476-3452.

This program, founded 10 years ago by Peter Ostwald, UCSF psychiatry professor, consists of a cooperative group of health providers, almost all of whom are UCSF faculty members. The program offers comprehensive consultation, diagnostic and treatment services in various specialties to professional performing artists, to active amateur performers and to teachers and students.

Performer patients may call the aforementioned number between 8:30 a.m. and 4:30 p.m. weekdays or contact the program by fax at 502-0323.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of Dec. 31, 1995). The annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Factors	Annual Rate	Annualized Yield
Savings	.0052	6.12%	6.22%
Money Mkt	.0045	5.24%	5.30%
ICCF	.0064	7.58%	7.75%

	Unit Values	12-month Change	3-year Avg. Annualized Yield
Bond	$74.38	20.8%	8.3%
Equity	$145.97	28.7%	15.8%
Multi-Asset	$18.11	16.2%	9.7%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Fun Zone

OU changes hours

Outdoors Unlimited, a cooperative center for outdoor adventuring and recreation at UCSF, will change its hours beginning Wednesday, May 1. The new hours will be Monday and Friday from 11:30 a.m. to 1:30 p.m. and Monday through Friday from 5 to 8 p.m. Outdoors Unlimited is located at 550 Parnassus, near 3rd Avenue. Call 476-2078 for more information.

Enter EMPACT! raffle

Tickets are now on sale for EMPACT's eighth annual raffle drawing to be held, Wednesday, June 12. Grand prize is an Apple Performa 6214CD and color monitor. Tickets for the fundraiser, which supports UCSF employee activity programs, cost $1. Those who sell the most tickets can win an Apple lap top computer. Tickets can be purchased at Millberry Central Desk (weekdays from 8:30 a.m. to 9 p.m.) or through EMPACT! satellite representatives. For more information on selling tickets, call EMPACT! at 476-2675

Plaza to get long-awaited revamp

By GAIL GORDON

Too few seats and too many pigeons will be history after the Millberry Union Plaza undergoes extensive remodeling scheduled for completion by mid-September.

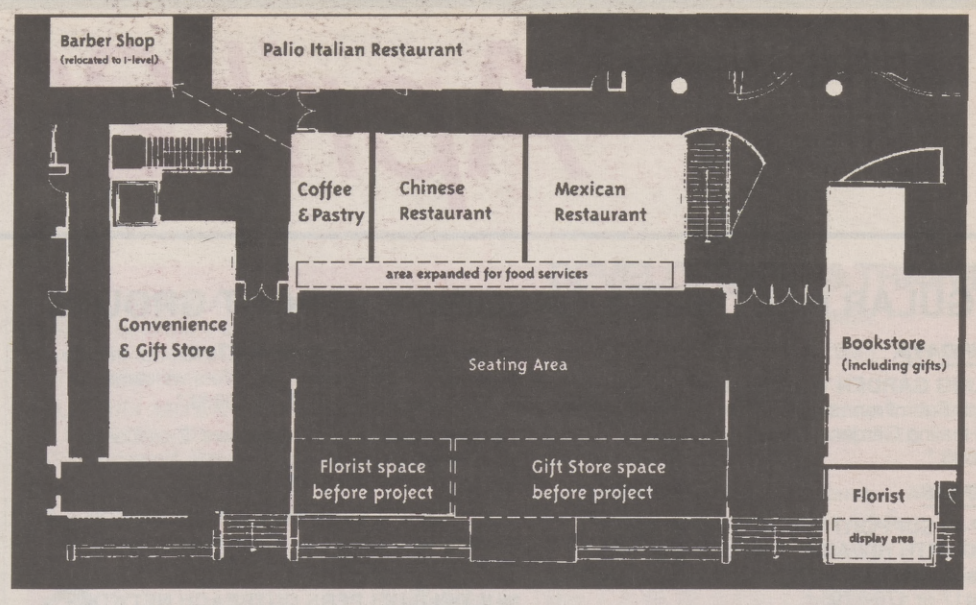
The renovation plan is based largely on the results of more than 400 interviews with students, staff, faculty, patients and visitors to UCSF conducted by an independent research firm last fall. The researchers asked them what businesses and services they would like to see, and what changes would compel them to go to the Plaza more often. Topping their responses: offer a wider variety of foods, lower prices, add more seating and get rid of the pesky pigeons.

"The major reason for the changes in the Plaza is to encourage the vitality of Millberry Union as a true campus center," says Al Minvielle, director of Millberry Programs & Services. "By providing activities and services specific to user demand, we hope to attract more people, keep them here and inspire broader use of our facilities."

Already the changes are under way.

The old Faculty Club, with its sweeping view of the Golden Gate, is being transformed into an Italian restaurant operated by the financial district restaurant, Palio d'Asti. The new Palio, to offer sandwiches and light fare, will stay open into the evening and will serve alcohol, a request that came directly from students. The former Humingbird Cafe on I-level will soon be converted into a health food juice bar.

In June, when current vendor leases expire, the Plaza will close to begin remodeling, says Tracey Gearlds, UCSF administrative analyst. The area now occupied by the campus barbershop and the Plaza Grill will be divided into three sections to house a gourmet coffee and pastry bar, also operated by Palio, as well as Mexican and Chinese food counters. The final selection of these vendors will be made by the Millberry Union Advisory Council, a committee comprised of various campus representatives, which also reviewed the renovation plans. The barbershop will be relocated to a space on I-level.



Other changes on board: The flower shop will move to a space adjacent to the bookstore. The bookstore, part of Campus Auxiliary Services, will manage the Express Store, which is currently run by a private contractor. The Solarium gift shop will close, but the bookstore, which is undergoing some renovations of its own, will expand its inventory to include insignia items and clothing, and other merchandise typically found in a university bookstore.

But back to the Plaza. To be enclosed entirely by glass, the area will have a more high-tech look and will extend all the way to the sidewalk, providing ample opportunity for watching the parade of people on Parnassus. The furniture will be replaced and the concrete will be covered with tile.

As for the pigeons, the glass wall encircling the seating area will help prevent the birds from biting on burritos. And the pigeon monitor, which emits those electronic beeps that sound like the roof is leaking, is finally working correctly.

Crime Alert

Man assaults employee

UCSF Police are looking for a male suspect involved in an alleged assault of a UCSF female employee.

The suspect reportedly assaulted the employee in the Millberry Union public parking elevators on Friday, April 12, at about 7:35 a.m.

The employee entered the elevator on the Parnassus street I-level and the suspect followed. The employee noticed the person moving closer to her as the elevator descended. When the elevator stopped, the suspect started to walk out of the elevator, but instead, turned around and grabbed the employee's chest.

The suspect is described as a black male with a dark complexion, no facial hair, in his late 20s to mid-30s. He weighs about 190 to 200 pounds and is about five feet 9 to 11 inches tall. He was wearing a navy blue knit cap, a thigh-length tan colored parka style jacket with a hood and turquoise/green baggy jeans and tennis shoes.

Anyone who has additional information regarding this incident should contact the UCSF Police at 476-1414. Refer to case #96-040-074. UCSF employees who would like safety information or to schedule a personal safety workshop should contact the Crime Prevention Section at 476-5683.

Enter AIDS Walk T-shirt contest

UCSF faculty, staff and students are invited to submit a design entry for the 1996 UCSF AIDS Walk team T-shirt.

Sponsored by Public Service Programs, a division of Public Affairs, the contest is designed to promote AIDS awareness and AIDS Walk participation within the UCSF community. Entries should illustrate this theme and be of a simple three-color design.

The winning design will be printed on about 600 T-shirts to be worn by all UCSF AIDS Walk team members the day of the event, Sunday, July 21.

The first prize is an overnight stay at a San Francisco hotel and second prize is dinner for two in one of the city's fine restaurants.

Design entries should be submitted on an 8.5 x 11-inch sheet of white paper by midnight, Wednesday, May 1. Please mail T-shirt entries to 100 Medical Center Way, Box 0909, UCSF, 94143. Winners will be announced by Saturday, June 1. Information: 476-4394.

Medical Call Board

Hormonal birth control

The UCSF Family Planning Research Group at SFGH is seeking participants for two studies of hormonal birth control methods.

The first study involves an investigational birth control system, Norplant-II, which consists of two implants that contain progestin levonorgestrel (and do not contain estrogen.) Interested women must be between the ages of 18 and 45, in good health, sexually active and interested in using birth control for the next three years. Compensation totals $400 over the three-year length of the study.

The second study is of a low-dose birth control pill containing hormones that are not experimental. This study looks at side effects, including effects on blood clotting parameters. Participants must be healthy, sexually active women over the age of 18, and for smokers under the age of 35, who have not used birth control pills or been pregnant in the last two months and have not used injections or implants for birth control in the last six months. Compensation is $500 over the three-year length of the study.

Participants in both studies will be asked to give medical histories, undergo physical exams and blood tests, answer questionnaires and keep a record of menstrual bleeding and side effects. For more information, contact Family Planning Research at 206-6400.

Osteoporosis

Volunteers are needed for a UCSF study to prevent and treat osteoporosis or brittle bones in women. Participants should be at least five years past the time of menopause, between the ages of 55 and 75, and not on estrogen replacement therapy.

Among older women, osteoporosis increases the risk of fractures, particularly to the spine, forearm and hips. For the treatment of osteoporosis, a drug group known as bisphosphonates has been developed. Previous studies have indicated that bisphosphonates can prevent postmenopausal bone loss and increase bone mass in elderly women. Ibandronate is the bisphosphonate that will be used in the UCSF study. Every three months for three years, participants will receive an injection of the drug.

As part of the screening procedure, participants will take two tests that will be performed at UCSF. To be eligible for the study, participants must not have a history of cancer, gastrointestinal, liver, kidney, or active thyroid disease or take estrogen, steroids, or osteoporosis medicines like calcitonin or fluorides.

For more information about this study, please call Margaret O'Sullivan at 476-1449.

Bone metabolism

The Department of Obstetrics/Gynecology and Reproductive Sciences needs healthy postmenopausal women for a study of bone metabolism. Volunteers will be treated with one of two combinations of estrogen and calcium for four months and be required to come in once each month for morning office visits. To be eligible, women must be 40 to 75 years old, have had a hysterectomy, be on no hormonal replacement for the past three months, have no chronic illness or medications and be within 25 percent of ideal body weight. Reimbursement for the study is $500. For more information, call Deborah at 476-3228.

Cholesterol levels

The Reproductive Endocrinology Research Center is seeking women for a study to determine how hormones affect blood cholesterol levels. In this decade, 43 million women will reach the age of 50 in the US. Heart disease will be the leading cause of death in this group. It is important to understand the risk factors which contribute to this disease.

To be eligible for this study, which will use the latest technology to measure cholesterol levels, women must be between 20 and 80 years old, be non-smokers and in good general health. For more information, call Saralyn Mark at 476-3228.

E-mail *(from page 1)*

that they use in other forms of communication. Among other things, the policy states that users cannot use e-mail for unlawful activities or for commercial purposes not under the auspices of the University. E-mail users also should not give the impression that they are representing or speaking on behalf of the University when writing or sending e-mail.

E-mail users should be aware that:

- **Privacy is not guaranteed.** Both the nature of e-mail and the nature of the University's business make e-mail less private than users may anticipate. For example, e-mail intended for one person may be widely distributed because of the ease with which it can be forwarded to others.
- **Content is out of UC control.** The University cannot control the content of messages. Users may receive e-mail they may find to be offensive and they may find that e-mail that has been forwarded to them may have been modified along the way.
- **E-mail may be disclosed to the public.** While the University does not routinely monitor or inspect e-mail, such communication is subject to a number of laws, policies and practices that apply to disclosure and protection of University records, which may be requested by the public. The California Public Records Act defines a public record as "any writing containing information relating to the conduct of the public's business prepared, owned, used or retained by any state or local agency regardless of physical form or characteristics." Prior to disclosure of e-mail, however, the University evaluates all requests for information submitted by the public for compliance with the law.
- **Sender may be unknown.** Unless "authenticated" mail systems are used, there is no way to determine if an e-mail received was in fact sent by the purported sender. Senders can disguise their identity and modify the message. Such authentication technology is not widely and systematically in use at the University. When authenticity of a message or the identity of sender is in question, receivers should check with the purported sender to verify the message.

— From page 8 —

and the excellence for which we are known suggests there is a strong strategic fit that would produce synergy and vitality in areas beyond patient care."

Combining in the clinical arena opens up the potential for additional joint ventures in education and research and increased linkages to biotechnology firms to assure that the findings of basic research lead to improvements in the prevention, diagnosis and treatment of disease. UCSF and Stanford have engaged in many research collaborations over the years.

Why Not Merge with Another UC Medical Center?

Health care delivery is local. Two-thirds of UCSF's patients come from this area, while the patients of other UC medical centers come from their own geographic regions. Merging with another UC medical center would not deliver the critical mass of patients that is needed to compete successfully in the Bay Area and provide for the educational needs of the School of Medicine.

What Would a Merged Medical Center "Look Like?"

A new, not-for-profit company would be formed to operate the clinical facilities at their existing locations. The new organization would have its own management and governance structure. If The UC Regents and Stanford Trustees approve an agreement in principle, an independent transition board would be appointed to make decisions pertaining to programmatic, departmental and personnel policies. It is not likely that the new entity would be operational before the beginning of the next year.

What Has Been the Process Until Now? How Is the Process Going Forward?

Highly structured weekly meetings of the respective University and medical center administrators and medical school leaders, accompanied by consultants, accountants and attorneys, have been taking place since early January. Key documents to be prepared include the articles of incorporation and bylaws for the new corporation, affiliation agreements between the two schools of medicine and the new corporation, and a professional services agreement between faculty, physician groups and the new entity. Much of the key business information is known only to third parties because UCSF and Stanford are still competitors and anti-trust regulations prohibit sharing this information with each other. An independent accounting firm is conducting a confidential examination of each organization's financial status, benefit structure, governance and administrative policies. The consultants are looking at what "fits" and presenting the leadership with issues that need to be resolved before discussions can move to the next stage.

Results of the ongoing discussions will be shared with The Regents and The Stanford Trustees over the next few months. Agreement of both boards would be necessary for a full merger. Following a formal agreement among the parties to merge, a number of steps need to be completed to consummate the merger, including regulatory body review to ensure the agreement does not violate anti-trust or other merger-related regulations.

Could the Proposed Merger Fall Through?

All parties are optimistic about the potential for a merger, and are working hard to make it happen. Nonetheless, many issues remain to be resolved, and there are difficult hurdles to overcome. For example, how would revenue generated by the new enterprise be allocated to support patient care and academic programs? Would the new organization retain state financial subsidies for teaching? How would assets be transferred to the new organization? These are just a few of the major issues.

When Will I Know How a Merger Will Affect Me as a Member of the Medical Center Staff?

The detailed information about how this new arrangement would affect faculty and staff will not be known for several months. If a merger occurs, the new organization would set new employment terms for all of its employees. In doing so, it would likely consider terms which are competitive in the local employment market, while also considering the terms and conditions of current UCSF, Stanford and Lucile Packard employees.

"While future employment decisions would be up to the new organization, and we cannot know the future, we emphatically believe that a combined organization would be in a stronger position to continue, over the long term, to provide competitive salaries, benefits, and jobs than either UCSF or Stanford would be by attempting to survive on its own in the new managed care environment," says Debas. The new organization would continue to operate clinical facilities in both San Francisco and Palo Alto, and, it is expected, would be able to attract an expanded patient population.

The status quo is not an alternative. "If we do nothing, we believe the academic medical center will slowly atrophy, more jobs will be lost, and the region will lose the extraordinary leadership and innovation in medicine provided by institutions like UCSF and Stanford," says Director Kerr.

What Are the Implications of a Merger for the Non-Medical Center Parts of the Campus?

Vice Chancellor of Administration Steve Barclay is looking at the potential impact on campus departments that currently provide services to the Medical Center.

Once the new entity is established, it is anticipated that it may also provide academic program opportunities for the Schools of Dentistry, Nursing and Pharmacy.

What Can I Do to Stay Informed, Be Involved?

To succeed, a merger would need the support of the faculty and staff. UCSF administrative and medical leadership believe a merger such as the one being contemplated is a critical step to preserve the academic medical center for the benefit of the entire community. We encourage your feedback. We want your ideas on how to maximize the potential gains. In addition, the campus will be working with the unions that represent UCSF employees. We will do our best to answer questions as the details get worked out.

You will have an opportunity to convey your thoughts directly to Chancellor Martin via e-mail address: *joemart@chanoff.ucsf.edu* or through campus mail to Box 0402. You also are encouraged to attend a campus-wide meeting on Friday, May 3, from 11:30 a.m.-1 p.m. in the Millberry Union gym to hear an update on the discussions. Chancellor Martin, Dean Debas and Director Kerr will be present.

This discussion will be broadcast live to other sites as well as videotaped:

- Mount Zion - Herbst Hall
- VAMC - Building 2, Room 344
- MCB - 4th Floor Commons
- SFGH - Carr Auditorium

"Radical change is daunting," says Chancellor Martin. "Most of us fear it. But we can choose to embrace it, applying our talents and energy to become strong and flexible enough to accommodate continuous change. University people are accustomed to dealing with ambiguity. That could be one of our greatest strengths during these radically changing times. Working together, we have a good chance to demonstrate our strengths and capitalize on an unusually promising opportunity."

Facts at a Glance

	UCSF	*Stanford*	*Packard*
Licensed Beds	925	663	156
Inpatient Admissions	25,477	23,370	5,069
Outpatient Visits	349,279	277,000	51,773

Historical Milestones

UCSF

1864 Hugh H. Toland starts the Toland Medical College in North Beach, the oldest medical school in the West in continous operation.

1873 Toland Medical College becomes the Medical Department of the University of California.

1906 UCSF sets up makeshift hospital on the Parnassus campus and in Golden Gate Park to care for those injured in the earthquake.

1970 The campus is renamed the University of California San Francisco.

1990 UCSF Medical Center and Mount Zion Medical Center integrate.

Stanford

1858 Medical school started in San Francisco as the medical department of the University of the Pacific.

1882 Cooper Medical College established by the faculty of Medical College of the Pacific.

1959 Medical school moved from San Francisco to new quarters on Stanford University campus; the hospital was co-owned by the City of Palo Alto and known as the Palo Alto-Stanford Hospital Center.

1968 Palo Alto-Stanford Hospital Center purchased by Stanford University and incorporated as Stanford University Hospital.

1982 Agreement signed with Children's Hospital at Stanford for consolidation of all pediatric services in the new Lucile Salter Packard Children's Hospital at Stanford.

1991 Lucile Salter Packard Children's Hospital at Stanford opened.

1994 Creation of Stanford Health Services through the merger of Stanford University Hospital and Stanford University Clinic.

UCSF Medsounds

Page 1 . . . UCSF researchers report major progress on motor protein research

Page 3 . . . Hepatitis C Virus varies with socioeconomic status

Page 6 . . . Big remodeling plans for Millberry Plaza

Special Report III

UCSF and Stanford Merger Discussions Go Forward

COMBINING FORCES

Discussions between the UCSF Medical Center and Stanford University Medical Center have gained momentum since last month, when The UC Regents reviewed progress of the talks. At that time the Regents encouraged the campus to proceed with the discussions, which may lead to a proposed merger of the medical clinical enterprises of the two institutions.

UCSF administrative and faculty leadership have been involved in talks with Stanford since last summer to explore a collaboration that would enable the campus to preserve its long-standing missions in teaching, research, and patient care.

In November it was announced publicly that UCSF and Stanford had entered into preliminary discussions about collaboration in patient care programs. Governor Wilson cited the negotiations as a "bold, innovative approach" in his annual budget message in January.

"While the economics of the current managed care environment are affecting all health care providers, the very survival of teaching hospitals like UCSF and Stanford is threatened," says William B. Kerr, director of the Medical Center. "We are the institutions entrusted by the public to advance medical science, train the next generation of doctors, develop sophisticated life-saving techniques and technologies, and care for patients, including the underserved and the uninsured."

Yet government at the national and state levels has reduced its support and private payors have detached themselves from the responsibility to share the costs of academic medicine — the educational costs and the cost of providing indigent care. Hence, UCSF is challenged to explore every opportunity to attract new patients and reduce costs to secure its future as a teaching institution.

"The distinctiveness of UCSF's contribution in Northern California flows from our commitment to educate health professionals," says Chancellor Joseph B. Martin. "Everything we do, everything we are known for, is done in support of educating the best possible new generation of health care providers."

The talks with Stanford are exploring the possibility of creating a new independent entity to administer the UCSF Medical Center, UCSF/Mount Zion, Stanford Health Services (which includes both the hospital and the clinics), Lucile Salter Packard Children's Hospital at Stanford, and the affiliated clinical practices of the full-time faculty at these locations. The affiliated San Francisco General Hospital and VA Medical Centers are not part of these discussions. The medical schools themselves would remain independent.

A Partnership of Equals to Create a Premier Academic Health System

The preservation and continuation of the teaching mission into the 21st century is driving efforts to find a way to collaborate in a significant way with neighboring Stanford. To do so, UCSF must assure its continued economic viability in a way that complements that mission. That can best be assured by combining forces with an institution with a similar academic culture.

Individually, the medical centers are now financially sound and internationally distinguished centers of excellence. A merger could create one of the country's premier academic health systems, providing highly specialized care to adults and children. Combining the individual strengths of the medical centers could improve the clinical and financial performance of patient care services as well as strengthen the teaching and research programs of the respective medical schools.

The medical centers are within 40 miles of each other. The new entity would be able to reduce administrative costs as well as capital investment. In a managed care-driven health care environment, an improved financial position leading to organizational stability is more likely to be achieved by combining forces than by attempting to go it alone. By combining rather than remaining separate, a new entity could compete more effectively for patient volume from managed care plans, integrated delivery systems, and capitated medical groups.

"The decision to begin discussions with Stanford was not based solely on economics," says Haile T. Debas, dean of the School of Medicine. "The similarity of the institutions' basic missions

— Continued on page 7

Opinions Please

What are your thoughts concerning this issue? We'd like to know. You can register your opinion and observations directly with Chancellor Martin via e-mail address: *joemart@chanoff.ucsf.edu* or through campus mail to Box 0402.

Staying Informed

A campuswide Town Hall Meeting has been scheduled for Friday, May 3, from 11:30 a.m.-1 p.m. in the Millberry Union gym. Chancellor Martin, Dean Debas and Director Kerr will be present.

This discussion will be broadcast live to other sites as well as videotaped:

- Mount Zion - Herbst Hall
- VAMC - Building 2, Room 344
- MCB - 4th Floor Commons
- SFGH - Carr Auditorium

Watch for future *Combining Forces* updates in Newsbreak/Medsounds.

This special report was prepared by Judith Woodard, Director of Public Affairs.